

Module specification

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Refer to guidance notes for completion of each section of the specification.

Module code	SIR407
Module title	Communication in Sport and Healthcare
Level	4
Credit value	20
Faculty	Social & Life Sciences
Module Leader	Victoria O'Donnell
HECoS Code	100475
Cost Code	C630

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Sports Injury Rehabilitation	Core

Pre-requisites

None

Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	36 hrs
Placement / work based learning	0 hrs
Guided independent study	164 hrs
Module duration (total hours)	200 hrs

For office use only	
Initial approval date	28/09/2021
With effect from date	28/09/2021
Date and details of revision	
Version number	1

Module aims

The aim of this module is to introduce the theories and concepts of communication in sports and health care. The core of the module will enable students to develop their interpersonal and communication skills that reflect the values when working with athletes/service users.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Describe a range of communication theories and strategies and formats within the context of health care provision.
2	Explain the significance of effective communication in sports and within the context of injury rehabilitation.
3	Demonstrate the effective communication & interpersonal skills to interact with athletes/patients.
4	Demonstrate a safe subjective assessment including questions pertaining to presenting condition, specific joint questions, past medical history, red flags, drug history, patient expectations/beliefs/concerns,
5	Demonstrate the ability to reflect upon their own communication & interpersonal skills

Assessment

Indicative Assessment Tasks:

To assess student's depth of knowledge and application of communication skills, students will be assessed by an oral examination followed questions on a case study. The students will have 10 minutes to prepare the unseen case study.

- Oral assessment (20mins) in which students demonstrate a safe subjective assessment applying their skills that they would need to communicate effectively in a sports/ healthcare environment.
- Question and answer (10mins) on communication strategies, significance of effective communication in sports within the context of injury rehabilitation and a reflect upon their own communication & interpersonal skills.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-5	Oral Assessment	100%

Derogations

N/A

Learning and Teaching Strategies

The delivery of this module will consist of lectures, interactive classroom sessions, group and personal tutorials and practical exercises. It is intended that the module will provide support to students throughout the module; however, students will be encouraged to become increasingly autonomous as they gain competence and confidence within their academic studies. All learning and teaching is supported by the University's active learning framework and students will be able to access clear and timely information to support delivery of content such as videos, links to intranet information, open forums and pre-recorded lectures.

Indicative Syllabus Outline

Week	SIR401 Communication (36 hours)	Guided Independent Learning
1	Introduction to Module	
2	Gathering Information	Asynchronous Task: Gathering Information
3	Subjective Assessment	Asynchronous Task: Subjective Assessment
4	Communicating through barriers	Asynchronous Task: Communicating through barriers
5	Communication in Sport	Asynchronous Task: Communication in Sport
6	Motivational Interviewing	Asynchronous Task: Motivational Interviewing

7	Educating Patients	Asynchronous Task: Educating Patients
8	Communicating in the work place	Asynchronous Task: Communicating in the workplace
9	Asynchronous: Telehealth Assessment	Asynchronous Task: Telehealth assessment
10	Mock Exam	Asynchronous Task: Revise for Mock Exam
11	Tutorials	Revise
12	Athlete Round Table	Asynchronous Task: Prepare role
	Submission of Presentation	

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Pavord, E. and Donnelly, E. (2015), *Communication and Interpersonal Skills*. 2nd ed. Devon: Reflect Press.

This book should be available from the library in Edward Llwyd Building, main campus

Other indicative reading

Cottrell, S. (2013), *The Study Skills Handbook*. 4th ed. Basingstoke: Palgrave Macmillan Ltd.

This book should be available from the library in Edward Llwyd Building, main campus.

Journal: Communication & Sport from Sage Journals

This journal should be available online from the library in Edward Llwyd Building, main campus.

Journal: International Journal of Sports Communication

This journal should be available online from the library in Edward Llwyd Building, main campus.

Respizzi, S., & Covelli, E. (2016). The emotional coaching model: quantitative and qualitative research into relationships, communication and decisions in physical and sports rehabilitation. *Joints*, 3(4), 191-200. doi:10.11138/jts/2015.3.4.191

This journal should be available online from the library in Edward Llwyd Building, main campus

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Creative
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Organisation
Critical Thinking
Emotional Intelligence
Communication